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Rural doctors Gibb back to the community

A team of Kimberley doctors, medical students and their families will be joining this year's Gibb Challenge to raise money for Sirens of Silence, a charity supporting emergency services workers.

Rural Health West is sponsoring the two teams – the Gubinge Gliders and Spinifex Spinners – to undertake the 740 kilometre cycle over five days through some incredibly picturesque sections of the Gibb River Road, kicking off on Sunday 15 May.

Rural Health West's Junior Doctor Ambassador Dr Fintan Andrews said the teams have been on a number of early morning bike rides to prepare.

"There is a large cycling community in Broome. I recently completed a mountain bike challenge held just outside of Broome, which was organised by the local bike store," said Fintan.

"In addition to The Gibb Challenge, we are also organising other fundraising events. We will be arranging a competitive game of beach cricket on an outgoing tide at the beach, and we will also be hosting a long table dinner event," said Fintan.

All fundraising from the bike ride will go towards supporting Sirens of Silence, a charity founded to raise awareness about the high rates of emotional trauma experienced by people working in emergency services and support those in need.

"Emergency services personnel are often the frontline when attending to people with serious injuries or health issues. They are our allies in improving the health, well-being and sustainability of regional and remote Western Australia," said Rural Health West Chief Executive Officer, Tim Shackleton.

"We are pleased to support the Gubinge Gliders and Spinifex Spinners on their ride and with their fundraising efforts to support our colleagues working in emergency services.

"I wish Fintan and his team the best of luck with their fundraising and the extensive bike journey ahead."

If you would like to support the Gubinge Gliders and Spinifex Spinners with their fundraising, then please head to their donation page <https://www.mycase.com.au/page/116727/spinifex-spinners-and-gubinge-gliders>

ENDS



Dr Fintan Andrews and Dr Jonika Andrews on their bikes in the Kimberley.

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As the leading rural health workforce agency for Western Australia, Rural Health West is a not-for-profit organisation funded by the State and Commonwealth Governments responsible for the recruitment and retention of a highly skilled sustainable health workforce to meet the needs to rural and remote Western Australian communities.